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## Howard County Local Health Improvement Coalition

Full Coalition Meeting

April 25, 2019 8:30 am - 10:30 am

Barton Room, Howard County Health Department

### Minutes

#### Members Present:

Leslie Adams, HC Health Department  
Barbara Allen, James' Place, Inc.  
Jillian Anderson, Howard County General Hospital  
Courtney Barkley, HC Dept. of Community Resources and Services  
Mary Ann Barry, Transition Howard County  
Melanie Berdyck, Giant Food, Inc.  
Michael Bianca, Bianca & Hill Group of Merrill Lynch  
Yulanda Blackston, NAMI Howard County  
Shannon Blount, Howard County Public School System  
Bonnie Briker, Community Member  
Kathy Brooks-Jones, Columbia Association  
Malarie Burgess, HC Dept. of Community Resources and Services  
Tiffany Callender, Horizon Foundation  
Maria Carunungan, HC Health Department  
Bronson Dant, Ellicott City Health and Fitness  
Shanika Cooper, HC Health Department  
Jeannie DeCray, HC Dept. of Community Resources and Services  
Jasmine Drake, HC Health Department  
Andrea Engle, BrightStar Care of Howard County  
Manuel Evangelista, AAA Physical Therapy  
Olivia Farrow, Saint Agnes Hospital  
Katie George, Howard County Library System  
Sharon Hobson, HC Health Department  
Heather Hughes, Community Member  
Joi Johnson-Weaver, Resolve MD: Direct Primary Care  
Stephanie Kersheskey, HC Health Department

Stu Kohn, Howard County Citizens Association  
Vanda Lerdboon, HC Health Department  
Aisha Masood, Community Member  
Phyllis Meyerson, Community Member  
Ted Meyerson, AARP Maryland  
Andrew Monjan, Transition Howard County  
Chris Moore, HC Dept. of Community Resources and Services  
Tracy Novak, Howard County General Hospital  
Ekere Olojola, Howard County Public School System  
Felicia Pailen, HC Health Department  
Jackie Pettis, Beacon Health  
Diana Quinn, MedStar Health  
Andrea Raid, HC Health Department  
Catherine Roogow, Columbia Rising  
Bre Rowh, Community Member  
Maura Rossman, HC Health Department  
Becca Scharf, HC Department of Fire and Rescue Services  
Steven Snelgrove, Howard County General Hospital  
Lisa Terry, HC Dept. of Community Resources and Services  
Kerrie Wagaman, Howard County Public School System  
Amy Wahl, American Foundation for Suicide Prevention  
Barbara Wasserman, Community Member  
Kathy Wehr, HC Dept. of Community Resources and Services  
Matt Wilson, HC Health Department  
Kelly Wilson, United HealthCare Community Plan  
Linda Zumbrun, HC Department of Social Services

#### Guests Present:

Jen Barnhart, LUMA Health Consulting  
Ben Barnwell, HC Dept. of Community Resources and Services  
Denisha Dixon, Paranoia to Prevention  
Kelli Grunstra, Howard County General Hospital  
Morgan Gyax, Howard County General Hospital

Karen Isailovic, Root Studio  
Luke Matey, Sandston Care  
Gregory Yancey, African American Community Roundtable  
Lanlan Xu, Howard County Chinese School

**Staff Present:**

Kelly Kesler, HCLHIC Program Director

Reena Rambharat, HCLHIC Program Coordinator

Topic/Agenda	Discussion	Action/Follow-up
<b>Welcome and Introductions</b>	<p>Dr. Maura Rossman called the meeting to order at 8:37 a.m. Dr. Rossman and Mr. Snelgrove provided greetings on behalf of the HCLHIC Co-Chairs and staff.</p> <p>Dr. Rossman shared County Executive Ball's positive feedback on the status of the Howard County Local Health Improvement Coalition and the County's rankings by the Robert Wood Johnson Foundation (#2 behind Montgomery County in Maryland) and #10 out of 3,000) by U.S. News &amp; World Report.</p> <p>Dr. Rossman shared that in response to feedback from members in the June 2018 membership survey and following evaluation of work group teleconference meetings, the the Barton conference room was being piloted for potential utility in offering "hybrid" meeting options for the Coalition as it is equipped with teleconference capabilities.</p> <p>New members and guests were asked to introduce themselves.</p>	<p>The Robert Wood Johnson 2019 rankings can be found at:  <a href="http://www.countyhealthrankings.org/app/maryland/2019/rankings/howard/county/outcomes/overall/snaps_hot">http://www.countyhealthrankings.org/app/maryland/2019/rankings/howard/county/outcomes/overall/snaps_hot</a></p> <p>County Executive Ball's statement on the Top 10 Healthiest Community Ranking from U.S. News &amp; World Report can be read at:  <a href="https://www.howardcountymd.gov/News/ArticleID/1450/News032619c">https://www.howardcountymd.gov/News/ArticleID/1450/News032619c</a></p> <p>Guests and those interested in joining the HCLHIC may access information about membership at:  <a href="http://www.hclhic.org/membership/membership">http://www.hclhic.org/membership/membership</a></p>
<b>Introductions, Approval of Minutes and Announcements</b>	<p>Work Group members shared announcements about upcoming programs and activities. Kelly Kesler highlighted announcements provided by the HCLHIC members on the announcements tables, and members were encouraged to provide event information for inclusion on the HCLHIC website.</p> <p>Kelly Kesler, HCLHIC Director, asked for any corrections to the agenda or minutes from the September 27, 2018 meeting. A motion to accept the minutes as written was made by Andrew Monjan and seconded by Tracy Novak.</p>	<p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events:  <a href="http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/">http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/</a>. To request an event be added to the HCLHIC Community calendar contact <a href="mailto:lhic@howardcountymd.gov">lhic@howardcountymd.gov</a>.</p> <p>An email summarizing the announcements was sent to coalition members and guests on 4-26-19.</p>

		<p>Minutes from the previous meeting will be available one week prior to the next meeting date at <a href="http://www.hclhic.org/membership/meeting-portal">http://www.hclhic.org/membership/meeting-portal</a>.</p>
<p><b>Presentation</b></p>	<p>Presentations were made by the following coalition members:</p> <p>Talk Saves Lives Training® was made by Amy Wahl, American Foundation for Suicide Prevention (AFSP) and Coalition member.</p> <p>HCLHIC Members are invited to participate in the AFSP's Out of the Darkness Walk on September 28, 2019 at Lake Elkhorn in Columbia, Maryland.</p> <p>An update on the Howard County Health Department's Youth Suicide Prevention Plan was made by Kayla Blasher, Youth Suicide Prevention Coordinator for the Department.</p> <p>A group discussion was facilitated by Kelly Kesler, Kayla Blasher and Amy Wahl to address the following questions to Coalition members regarding engagement in Suicide Prevention strategies:</p> <ol style="list-style-type: none"> <li>1. How can you implement the five pillars of the Youth Suicide Prevention Plan into other areas of the community? (Increase awareness and reduce stigma; Prevention; Early identification and Intervention; Referral to treatment; Postvention)</li> <li>2. What does it look like to be a community ambassador in the populations you serve?</li> <li>3. What will you do as a result of today's training?</li> </ol>	<p>HCLHIC Members who are interested in materials or information regarding the Youth Suicide Prevention Plan are asked to visit <a href="http://www.teenhealthmatters.org">www.teenhealthmatters.org</a></p> <p>HCLHIC Members who are interested in requesting materials available through the Youth Suicide Prevention Plan are asked to contact Kayla Blasher at 410-313-6240 or email <a href="mailto:kblasher@howardcountymd.gov">kblasher@howardcountymd.gov</a>. Requests can also be submitted via <a href="https://bit.ly/2H6cYJW">https://bit.ly/2H6cYJW</a>.</p> <p>For more information on the American Foundation for Suicide Prevention Out of the Darkness Walk on September 28, 2019, visit <a href="https://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&amp;eventID=6347">https://afsp.donordrive.com/index.cfm?fuseaction=donorDrive.event&amp;eventID=6347</a> or contact Haley Kline at 443-812-5773 or by email to: <a href="mailto:howardcountyoofd@gmail.com">howardcountyoofd@gmail.com</a>.</p> <p>Members are encouraged to engage in suicide prevention opportunities and asked to consider how they can contribute to working toward all County residents being trained in mental health and suicide intervention programs.</p> <p>Upcoming Mental Health and Suicide Intervention programs can be found at:</p>

		<a href="http://www.hclhic.org/resources/behavioral-health-resources">http://www.hclhic.org/resources/behavioral-health-resources</a>  Upcoming Chronic Disease Self-Management programs, including Chronic Pain Self-Management programs can be found at: <a href="http://www.hclhic.org/resources/access-to-care-resources">http://www.hclhic.org/resources/access-to-care-resources</a>
<b>Delegate's Report/Action Group Report (s)/Ongoing Business</b>	<p>Kelly Kesler provided an update on the mid-point progress of the FY 18-20 HCLHIC Strategic Action Plan Objectives and highlighted areas of the plan that will require course correction or modifications by work groups.</p> <p>HCLHIC strategies to increase redemption of vouchers provided to Women, Infant and Children (WIC) program participants for fresh produce and fruit at Howard County Farmer's Markets was highlighted. Through efforts, redemption of vouchers increased from 38.91% in 2017 to 55.16% in 2018. Continued need for variety of produce vendors to maximize options available for voucher redemption was expressed.</p> <p>Kelly Kesler reviewed the role of HCLHIC Work Group Delegates and the FY 2020 election process.</p>	Presentations from this meeting may be found at: <a href="http://www.hclhic.org/membership/meeting-portal">http://www.hclhic.org/membership/meeting-portal</a> .  Reports of progress toward work group activities can be found here: <a href="http://www.hclhic.org/priority-areas/action-plans/fy-2018-2020">http://www.hclhic.org/priority-areas/action-plans/fy-2018-2020</a>  Coalition members who are interested in an FY 2020 Elected Delegate Position should submit brief bio and statement of interest to Kelly Kesler by email to <a href="mailto:kkesler@howardcountymd.gov">kkesler@howardcountymd.gov</a> by 5/15/19.
<b>Wrap Up and Adjournment</b>	The coalition meeting was adjourned at 10:30 a.m.	

**Future Meeting Dates:**

**FULL HCLHIC**

June 27, 2019 8:30 am - 10:30 am Susquehanna Room, HCHD

**WORK GROUP MEETINGS**

***Access to Care Work Group***

TBD

***Behavioral Health Work Group***

TBD



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**Healthy Aging Work Group**

May 28, 2019: 2:30 – 4:00 pm – Barton A & B

**Healthy Weight Work Group**

May 30, 2019: 9:00 – 10:30 am – Barton A & B

**HCLHIC Action Group Meetings Dates/Times TBD as appropriate.**

- *Access to Care Action Groups:* Asthma; Chronic Disease Self-Management Programs; Dental
- *Behavioral Health Action Groups:* Mental Health First Aid/Suicide Intervention
- *Healthy Aging Action Groups:* Alzheimer's and Dementia/Falls Prevention Integration;
- *Healthy Weight:* Nutrition
- *Other:* Communication; Continuing and Community Education

*Please note action groups will be formed and meet as needed and/or on a schedule determined by group. All HCLHIC members are welcome to participate. Updates on actions will be provided to Full Work Groups during quarterly meetings. If you have questions or are interested in participating in a specific action group, please contact [kkesler@howardcountymd.gov](mailto:kkesler@howardcountymd.gov)*